

Do I Need to Self-Isolate for Covid-19?

BASED ON THE BEST SCIENTIFIC ADVICE CURRENTLY AVAILABLE

CLOSE CONTACT
means being within 6 feet for more than 10 minutes of time OR
having direct contact with bodily fluids (e.g. being coughed on, sharing drinks).

HIGH RISK

MEDIUM RISK

LOW RISK



PERSON WHO HAS TESTED POSITIVE FOR COVID-19



A



B



C



PERSON WITH SYMPTOMS WHO WAS TESTED AND IS AWAITING RESULT



X



Y



Z



PERSON WHO IS WELL, BUT TRAVELED IN A LEVEL 3 AREA



1



2



3

OPTION A (HIGH RISK):

You are a roommate, live-in family member, housemate, or intimate partner...

Isolate for 14 days AND contact Student Health (students) or your primary care provider (faculty/staff) for further guidance.

OPTION B (MEDIUM RISK):

You shared food, drinks, JUULs, or bodily fluids...

Isolate for 14 days.

IF symptoms develop, contact Student Health (students) or your primary care provider (faculty/staff) for further guidance.

OPTION C (LOW RISK):

You are not A or B...

You do NOT need to isolate, be tested, or notify anyone.

Practice social distancing.

Monitor for symptoms.

If you develop symptoms, contact Student Health (students) or your primary care provider (faculty/staff).

OPTION X (MEDIUM RISK):

You are a roommate, live-in family member, housemate, or intimate partner...

Isolate until you learn that the person tested negative, then follow advice from Option "C". If they test positive, then isolate for 14 days AND contact Student Health (students) or your primary care provider (faculty/staff) for further guidance.

OPTION Y (MEDIUM RISK):

You shared food, drinks, JUULs, or bodily fluids ...

Isolate until you learn that the person tested negative, then follow advice from Option "C". If they test positive, then isolate for 14 days AND contact Student Health (students) or your primary care provider (faculty/staff) for further guidance.

OPTION Z (LOW RISK):

You are not X or Y ...

You do NOT need to isolate, be tested, or notify anyone.

Practice social distancing.

Monitor for symptoms.

If you develop symptoms, contact Student Health (students) or your primary care provider (faculty/staff).

OPTION 1 (LOW RISK):

If this is you and the person traveled in the past 14 days...

You do NOT need to isolate, be tested, or notify anyone. Practice social distancing. Monitor for symptoms. If you develop symptoms, contact Student Health (students) or your primary care provider (faculty/staff).

OPTION 1 (LOW RISK):

If this is you and the person traveled over 14 days ago...

You do NOT need to isolate, be tested, or notify anyone. Practice social distancing. Monitor for symptoms. If you develop symptoms, contact Student Health (students) or your primary care provider (faculty/staff).

OPTION 2 OR 3 (LOW RISK):

If this is you...

You do NOT need to isolate, be tested, or notify anyone. Practice social distancing. Monitor for symptoms. If you develop symptoms, contact Student Health (students) or your primary care provider (faculty/staff).

NOTE:

If you have a connection that is more distant than the options described above, you do NOT need to do anything more than social distancing, which is recommended for everyone. People connected to you do not need to do anything different from everyone else, unless they themselves have risks due to some other exposure.